

THE ART & BUSINESS OF AT

Contemporary Alexander Technique Workshops & Lessons in BERLIN

Led by

ROBYN AVALON

Director, Contemporary Alexander School, USA * Co-Director, Alexander Alliance Europe

DAY 1

SATURDAY
APRIL 5
10-5

offers a wide range of new ways to use your hands and language, making it possible to easily teach students *while they are engaged in activities of every kind*. These new tools offer you a reliable way to take the Work out of the chair, out of the room, and even out of the city, without compromising the effectiveness and specificity of the Principles.

THE
ART

DAY 2

teaches you how to offer the Work in group settings, whether it's an introductory workshop or ongoing group class. Teaching groups is an art form unto itself - it is so much more than having a group watch you work with an individual. You will learn specific tools for creating a 'group body', and for designing group experiences of the Principles so that the students begin to understand and experience the Work before you even get your hands on!

SUNDAY
APRIL 6
10-5

THE
BUSINESS

THE RESULTS

Adding skill in these arenas - expanding the ability to use your hands skills and widening the situations in which you can effectively teach, and learning to create an effective experience of the Work in a group setting - will profoundly impact the ways that you can bring the Work into the World, while simultaneously building your own practice.

Private Lessons
with Robyn too!

EARLYBIRD DISCOUNT!
75€ FOR 1 DAY
130€ FOR 2 DAYS

LOCATION
DAS BECKEN
Herrnhuterweg 9
Neukölln

INFO:
CONTEMPORAYAT@GMAIL.COM
WHATSAPP +1 5056702596

NOW IS YOUR CHANCE
TO JOIN 2 OF ROBYN'S
MOST POPULAR
WORKSHOPS FROM THE
BERLIN CONGRESS!

