

Retreat Center Einbecker Sonnenberg

Am Brockenblick 2, 37574 Einbeck, Germany

Phone: +49 5561 7950

E-mail: kontakt@einbecker-sonnenberg.de

Website: www.einbecker-sonnenberg.de

Arrival

Train and cab

By train to the train station Salzderhelden or Kreiensen. Then by cab to the seminar house (about 10 km from both stations). You can find train connections and booking possibilities on www.bahn.de.

Salzderhelden: Taxi Keime (+49 5561 5555)

Kreiensen: Taxi Bockler (+49 5563 7777)

Airplane

The nearest airports are Hannover and Frankfurt.

Car



<https://www.einbecker-sonnenberg.de/kontakt/#Anfahrt>

Registration & Information Summer Retreat

For **more information** please contact us by email or phone:

Janine Stenkbruck
Office & Coordination Manager
Alexander Alliance Germany

Phone : +49 177 605 65 56

E-mail: summer-retreat@alexanderalliance.de

You can **register** on our website at:
www.alexanderalliance.org/summer-retreat

If you need assistance with this, you can also send us an email or call us. Please indicate your room preference and any food intolerances.

As the number of places is particularly limited this year, early registration is recommended.

Registration deadline: June 12.



To learn more about the Alexander Technique, the Alexander Alliance and Bruce Fertman (founder and director of the school), please visit the following sites:

www.alexanderalliance.org
www.graceofsense.com



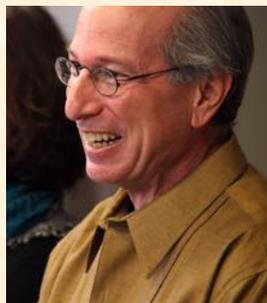
We, the Alexander Alliance Europe, are an intergenerational, multi-cultural community/school dedicated to creating a safe and loving environment where, through Alexander's work, people can learn how to become at once, relaxed and ready, soft and strong, light and substantial, stable and flexible, peaceful and lively, receptive and generous, awake to themselves, to others and to the world around them.



We awaken people to a sensory world full of simple pleasures. Our art is human touch – an inexhaustible resource for education, human nurturance, and growth. Our job is to gently unharness deep, naturally organized patterns of vitality within ourselves, and within our students. This groundswell of energy strengthens the will to live, love, learn, and work, generously and freely.

We look forward to seeing you!

Our yearly summer retreat offers 4 days of intensive study within a relaxed atmosphere. The retreat center sits high on a hill. Nearly every room and all the teaching spaces look out over a stunning view of mountains, farmland, and villages. The food is delicious and healthy. It's an idyllic vacation and learning center.



Bruce Fertman will be the lead teacher supported by some Alexander teachers from our school ensuring a great deal of individual attention.

Classes will be taught in English with translation into German by Astrid Lobreyer.

Place: Einbecker Sonnenberg
Am Brockenblick 2 / 37574 Einbeck / Germany

Dates: Wednesday, June 29, 2022, 3 p.m.
until Saturday, July 2, 2022, noon

Price: EUR 480,- / person in tent
EUR 530,- / person in a double bungalow
(with own sleeping areas on request)
EUR 570,- / person in single room
(only limited number available)

The prices are **all-inclusive** and cover tuition as well as room and board with three meals per day. Your partner and children are very welcome (please ask for details and accommodation costs).

Bruce Fertman founded the Alexander Alliance in 1982. His work is both physical and metaphysical, physiological and philosophical, motional and emotional, sensorial and spiritual.

When studying with Bruce, bodies unbind, minds grow quiet, hearts open. Time slows down. Space expands. Lives shift. He has been using his hands to help people for 58 years.



In Bruce's class you feel as if you are sitting by a deep, soft lake. His pace and patience, his quiet confidence, allows people to unfold and open layer by layer. The superfluous falls away, leaving only life's inner vitality effortlessly expressing itself through you.

Bruce's touch is like a butterfly settling down on the very turning point of your soul. And then you know, "That's who I am, that is who I could be".
(Margarete Tüshaus)

