

SOMATRIX™

Soma = conscious embodiment / Matrix = the fabric of ALL THAT IS

Welcome to SOMATRIX™, a newly formed collection of studies developed by Robyn Avalon. It is the synthesis of 5 decades of study and practice in the varied worlds of embodiment and consciousness, creating a new alchemical blend which draws from the wide range of disciplines she has studied deeply, including: somatics, manifestation, process art, quantum physics, sacred geometry, intuitive arts, shamanism, psychic healing, energetic technologies, sacred sexuality, embryology, Galactic healing systems, 5D human physiology, and the nature of our True Design.

A Somatrix™ Retreat - An Embodied Exploration of Who You Really Are

Join this very special 4 day retreat, energetically held by the herds of horses and the wisdom of the forests which surround us at the farm, where we will take a deep dive into alternative paradigms, Universal Truths, and new technologies and tools for your continued exploration of Who You Really Are.

Overview

Prologue

If desired, you can come a day earlier (April 22nd. 2025) for private Somatrix™ sessions.

Studies may include topics such as:

- the 13 Core Lessons of Humanity,
- the activation of 5D physiology,
- tools for releasing and recalibrating your current interference patterns
- embodiment of the 13 chakra system
- new mythologies of the Big Picture
- understanding and partnering with Dragons
- the use of skulls as containers of knowledge
- tools for rebalancing the 7 fields of magnetic resonance
- opening and deepening your Clairs (clairvoyance, clairaudience, etc)
- working with your guides, your Sanctuary, your Vault, etc
- partnering with Galactic support
- the use of sacred geometry
- Individual applications
- and much more.....

Price: 120,-€/ 60 Min

Retreat

The 4 day immersion (April 23rd-26th 2025) will be rich with new ideas, new frequencies, and new ways of imagining and being. We will use varied modalities, including art, imagery, information, recalibration of personal fields, embodied practices, and connecting with the horses who will be helping to hold our field. I will introduce an alternative paradigm through which we can explore, and we will study the material which arises as most essential for the group that has gathered - it is only 4 days, after all! This first introduction is designed to offer you a sample of what is possible.

As always, the specific content will be influenced by the people in the room. Collectively we will create our next journey. Bring a journal and art supplies; plus anything else you feel drawn towards, eg, pendulums, crystals, tarot/oracle decks, sacred geometry, etc.

Who is this class for?

All those on the path towards the Truth of their Being

All those who offer somatic work to others

Learn to understand and utilize the larger implications of the work you are doing through the body. Learn to apply your work to the 5D body templates.

All those who offer psyche/spiritual/energetic work to others

Learn how to connect the energetic frequencies with the 5D body for a new level of embodied experience.

All those who work with animals, plants, Nature, Spirit, and Galactics

Learn how to access the fields of consciousness from which other species communicate. For example, learn how to meet horses in the field of herd consciousness. Begin to understand the extraordinary work they are doing for humanity and the planet in a new way.

A note for Alexander Teachers:

Through the 5 decades that I have been playing in the field of the Work, I have come to realize the larger significance of what it has to offer in service of humanity's awakening to who we really are and to our individual and collective life purpose. Once you see the transformative power of the Work from a more expanded perspective, it takes its place as a truly soul-changing tool. The simplicity of the ability to notice and choose - to see the Truth of Existence that has been camouflaged by habits of perspective, and to have an embodied process for recalibrating towards a new choice, a new frequency, is an essential and grace-full tool for personal and collective Freedom.

**Price: 520,-€ normal , 475 early bird,
475,- Alliance people, 450,-early bird Alliance people
Early bird deadline: March 15th 2025**

Epilogue

There is a day of witnessed Somatrix™ sessions after the core event. This is designed for those who want to have a personalized experience of the material, as well as a sense of how these tools might integrate into whatever work you already do with humans, animals, or the other kingdoms of the Earth. We will stay together as a group, witnessing individual sessions and using the material that shows up. It will be a practical application of the tools we will be using in the core event.

Price: 150,-€ for the whole day, individual session included, 130,- Alliance people

Food?

You can sign up for homemade dinner (8,-€) and lunch (14,-€)

Sleep?

Accommodation possible at Hof Tüshaus, www.hof-tueshaus.de

Contact Margarete Tüshaus, sodasein@alexandertechnik-ruhr.de, 0049-151-12407089

Registration?

Mails to Margarete Tüshaus, sodasein@alexandertechnik-ruhr.de

Translation?

Provided if needed