

ALEXANDER ALLIANCE EUROPE GBR



SOMMER RETREAT 29 July to 2 August 2026

“After four days of Summer Retreat, I felt as refreshed as I usually do after two weeks of summer vacation. After that, I was able to enjoy my vacation even more.”

“I got to know myself all over again—in a way I never thought possible.”

participants in 2025

Let yourself be touched inside and out, encounter yourself and others in a whole new way, find access to your deep physical and mental interconnectedness, to inner freedom and vitality. What resources lie dormant where your habits end? Let yourself be surprised...

The seminar house is located on a hillside, and the rooms and classrooms offer wonderful views of mountains, fields, and villages. It is a very idyllic vacation and learning location where you can breathe deeply and enjoy yourself.

Registration

www.alexanderalliance.org/summer-retreat

More information:
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Registration deadline is 24 June 2026.

The number of places is limited, so please register early.



WWW.ALEXANDERALLIANCE.ORG