

ALEXANDER ALLIANCE EUROPE GBR

A group of people, including men and women of various ages, are gathered under a large, white, tent-like canopy structure supported by dark metal poles. They are standing on a wooden deck or platform. Many of the people have their arms raised in the air, suggesting they are participating in a group activity or exercise. The background shows a lush green landscape with trees and a building with a red roof. The overall atmosphere is bright and sunny.

INVITATION TO THE SUMMER RETREAT

16 to 19 July 2025

For 4 long summer days we invite you into the world of the Alexander Technique and create a safe and loving space for you in which intensive learning can take place.

Openness and curiosity will guide us as we support you on your path to inner freedom and vitality.

Our art is human touch, our study is human nature – each an inexhaustible resource for education, nurturance, growth and connection.

This year, Margarete Tüshaus, Astrid Lobreyer, Ann-Kathrin Fliege and Midori Shinkai (from Japan) will be leading our summer intensive course. With experience, creativity, energy and precision they will take you on an inspiring journey.

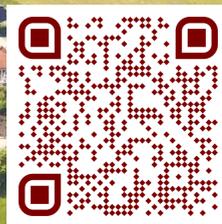
The retreatcenter sits high on a hill at the edge of the forest. Almost every room and all the teaching spaces look out over a stunning view of mountains, farmland and villages. The food is tasty and healthy. It is an idyllic vacation and learning center.

Registration

You can register on our website:
www.alexanderalliance.org/summer-retreat

For more information contact us:
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The number of places is limited so please register early.
Registration deadline is 15 June 2025.



WWW.ALEXANDERALLIANCE.ORG