

ALEXANDER ALLIANCE EUROPE GBP

A group of people, mostly older adults, are gathered under a large, white, tent-like canopy structure supported by dark metal poles. They are outdoors on a paved area, with greenery and a building in the background. Many people have their arms raised in the air, suggesting a group exercise or dance. The scene is bright and sunny.

INVITATION TO THE SUMMER RETREAT

10 July to 14 July 2024

For 5 long summer days we invite you into the world of the Alexander Technique and create a safe and loving space for you in which intensive learning can take place.

Openness and curiosity will guide us as we support you on your path to inner freedom and vitality.

Our art is human touch, our study is human nature – each an inexhaustible resource for education, nurturance, growth and connection.

This year, Margarete Tüshaus, Astrid Lobreyer and Ann-Kathrin Fliege will be leading our summer intensive course. For the first time, this dynamic trio will take you on an enlightening journey with experience, creativity and energy. The lessons will be held in German with English translation.

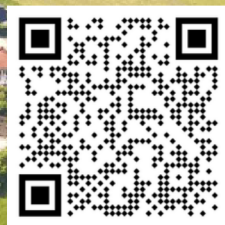
The retreatcenter sits high on a hill at the edge of the forest. Almost every room and all the teaching spaces look out over a stunning view of mountains, farmland and villages. The food is tasty and healthy. It is an idyllic vacation and learning center.

Registration

You can register on our website:
www.alexanderalliance.org/summer-retreat

For more information contact us:
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The number of places is limited so please register early.
Registration deadline is 10 June 2024.



WWW.ALEXANDERALLIANCE.ORG